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| How to make a PB & J sandwich | Pictures provide below for reference |
| Step 1:  Please take note of the objects in front of you.   1. Plate 2. Knife 3. spoon 4. Loaf of pre-sliced bread 5. Jar of creamy peanut butter 6. Jar of strawberry jelly |  |
| Step 2:  Open the loaf of bread and take out 2 slices of bread and put them next to each other on the plate side by side. |  |
| Step 3:   1. Open the jar of peanut butter 2. Grab the knife provided 3. Insert knife partially *(about 3/4ths of the way before the handle)* into the open jar of peanut butter and swipe the knife about a half an inch and remove from jar. 4. Spread the peanut butter on the knife onto one side of the bread covering as much of the area as you can. |  |
| Step 4:   1. Open the jar of jelly 2. Grab the spoon provided 3. Insert spoon in the jelly jar and swipe then remove from jar 4. Put the jelly from the spoon on the other slice of bread from step 2. Do this twice. 5. Take the knife you used for the peanut butter and use this to spread the jelly on the bread slice, covering as much area as you can. |  |
| Step 5:   1. Close both jars 2. Put silverware in the sink or to the side 3. Pick up the slice of peanut butter bread, and put it together with the jelly slice, with both condiments facing each other |  |
| Congrats! You can now eat and enjoy! |  |